

Positive Alternatives 2016 - 17 Quarterly Update

Grantee (Name and city): Wakota Life Care Center, West St. Paul

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Goal: To provide necessary services and referrals to pregnant and parenting women in Dakota and Ramsey Counties

For the period/quarter: January, February, March, 2017

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Administer all Positive Alternative grant activities			
Outreach	Develop relationships and partnerships with strategic community agencies in our service area, focusing on the Latino community.			
Case Management Services	Provide follow up calls/contact with positive pregnancy test clients.	50	Larger than normal number is due to PA Grant Evaluations for prenatal care and pack-n-play safe sleep.	204

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Crib Distribution/ Sleep Safety Education		10	We are one of the largest Pack 'n' Play distributors for Cradle of Hope (we receive up to 22 a month). Each Pack'n Play distributed to a family/woman receives Safe Sleep Education.	47
Financial Assistance	Provide assistance in completing financial aid applications (Cradle of Hope, Life Fund, and other applicable agency applications) to pregnant and parenting women.	25	Due to the decrease in Cradle of Hope funding, we have been limited on the types of financial aid we can distribute. This has led to the decrease of applications, although there continue to be MANY more requests. We initially screen candidates before putting them through the application process.	10
Life-Skills Education Program	Provide educational programs to pregnant and parenting women that are about building life skills such as budgeting, relationship building, and housing.	5	This is the total number of Wakota Learns classes given minus the parent and pregnancy education classes.	19
Material Support	Provide baby and maternity clothing, diapers, layettes, baby equipment or furniture items (non-incentive based) to pregnant and parenting women (once-a-month frequency).	175	This continues to be our biggest draw for clients. Our material assistance will often turn into discussions for referrals, pregnancy tests, health care needs. It is a great way to build client relationships and see women/families on a regular basis and make sure they are getting the help they need to accomplish positive pregnancy/birth/baby outcomes.	604
Nutrition	Provide prenatal vitamins to every pregnant women with a positive pregnancy test.	35	In the past quarter, we have found that although we are offering the prenatal vitamins to every positive pregnancy test, not all women want or take them, as they already have them or do prefer another kind (e.g. gummies instead of pills).	30

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Parenting Education	Provide parenting programs that are specifically designed to educate pregnant and parenting women on parenting skills, including infant care, positive parenting, and discipline.	5	We are excited to be offering programs and trying different formats. In the past quarter, we offered a variety of choices. This report count illustrates two successful topics of Child Care and Breast Feeding Classes.	3
Pregnancy Education Program	Provide educational programming that is specifically designed to educate pregnant and parenting women about pregnancy, including prenatal classes, childbirth education classes, smoking cessation, drug/alcohol cessation, prenatal nutrition, and doula services.	5	In the past quarter, we focused our efforts on educating our clients on how to “secure a doula”. This has been very challenging and ultimately successful. It has taken a lot of outreach and networking to reach doulas that are willing to assist. We are excited to have a few doula placement agencies, along with a private Spanish/Portuguese speaking doula working with Wakota.	4
Pregnancy Testing	Provide eligibility assessment, pregnancy counseling, and testing.	75	We continue to see high numbers of women requesting pregnancy tests.	80
Provide Necessary Services to all clients	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services.	60	We have worked very hard to secure high quality community partners that are serving our clients needs. We continue to receive referrals as well for services from those partners. This number is figured by adding the number of referrals only given plus total positive pregnancy tests, which always receive various referrals.	82

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	Utilize resource database to provide information and make referrals			
Provide Necessary Services Assessments Only	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals		This number is based on our total positive pregnancy tests.	35
Ultrasound	Provide limited diagnostic ultrasound services (including assessment, intake and counseling). Offered to all positive pregnancy test women.	30	We continue to see a high acceptance rate of our free limited ultrasound program.	39

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	3
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	0
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	0
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	47
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	47
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	0

Challenges:

Funding for emergency housing/homelessness prevention from Cradle of Hope and other sources is VERY limited.

Comments:

We have begun a car seat program, which is funded by our private fund for the purchase of car seats. We are excited to see the numbers grow!